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Geometrically Ergodic Markov Chains

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# On the central limit theorem for geometrically ergodic Markov chains

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## Abstract

Let  $X_0, X_1, \dots$  be a geometrically ergodic Markov chain with state space  $\mathcal{X}$  and stationary distribution  $\pi$ . It is known that if  $h : \mathcal{X} \rightarrow \mathbf{R}$  satisfies  $\pi(|h|^{2+\varepsilon}) < \infty$  for some  $\varepsilon > 0$ , then the normalized sums of the  $X_i$ 's obey a central limit theorem. Here we show, by means of a counterexample, that the condition  $\pi(|h|^{2+\varepsilon}) < \infty$  cannot be weakened to only assuming a finite second moment, i.e.,  $\pi(h^2) < \infty$ .

## 1 Introduction

Let  $X_0, X_1, \dots$  be a Markov chain with state space  $\mathcal{X}$ , transition kernel  $P$ , and a unique stationary distribution  $\pi$ , and let  $h : \mathcal{X} \rightarrow \mathbf{R}$  be some real-valued function of the state space. This paper is concerned with under what conditions on the Markov chain (i.e., on  $P$ ) and on  $h$  the sum  $\sum_{i=1}^n h(X_i)$  is asymptotically normal as  $n \rightarrow \infty$ . In other words, when does a central limit theorem hold?

To state the results, we first need some definitions. For two probability measures  $\mu$  and  $\nu$  on  $\mathcal{X}$ , define their **total variation distance**  $d_{\text{TV}}(\mu, \nu)$  as

$$d_{\text{TV}}(\mu, \nu) = \sup_A |\mu(A) - \nu(A)|$$

where the supremum is taken over all measurable  $A \subset \mathcal{X}$ .

We write  $P^n(x, A)$  for the  $n$ -step transition law for the Markov chain, i.e.,  $P^n(x, A) = \mathbf{P}(X_n \in A \mid X_0 = x)$ . If the chain starts in state  $X_0 = x$ , then the distribution of  $X_n$  is  $P^n(x, \cdot)$ .

**Definition 1.1** *The Markov chain with transition kernel  $P$  and unique stationary distribution  $\pi$  is said to be **ergodic** if for any  $x \in \mathcal{X}$  we have*

$$\lim_{n \rightarrow \infty} d_{\text{TV}}(P^n(x, \cdot), \pi) = 0.$$

*If furthermore there exist  $C(x)$  and a  $\rho < 1$  such that*

$$d_{\text{TV}}(P^n(x, \cdot), \pi) \leq C(x)\rho^n \tag{1}$$

*for every  $x$  and every  $n$ , then the chain is said to be **geometrically ergodic**. Finally, if in (1) we can take  $C(x)$  to be a constant (i.e., independent of  $x$ ), then the chain is said to be **uniformly ergodic**.*

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Write  $N(0, \sigma^2)$  for the Gaussian distribution with mean 0 and variance  $\sigma^2$ ; we allow for the possibility  $\sigma^2 = 0$ , in which case  $N(0, \sigma^2)$  simply is a unit point mass at 0. The following result goes back to Ibragimov and Linnik [4].

**Theorem 1.2** *If  $X_0, X_1, \dots$  is a geometrically ergodic Markov chain with stationary distribution  $\pi$ , and if for some  $\varepsilon > 0$  the function  $h : \mathcal{X} \rightarrow \mathbf{R}$  satisfies  $\pi(|h|^{2+\varepsilon}) < \infty$ , then there exists a  $\sigma$  such that the normalized sum*

$$\frac{1}{\sqrt{n}} \sum_{i=1}^n [h(X_i) - \pi(h)]$$

*converges in distribution to a  $N(0, \sigma^2)$  distribution.*

It is known under certain additional assumptions that for asymptotic normality, the condition  $\pi(|h|^{2+\varepsilon}) < \infty$  can be weakened to just a finite second moment:  $\pi(h^2) < \infty$ . In particular, this is true if geometric ergodicity is strengthened to uniform ergodicity, as shown by Cogburn [2], and it is also true if the chain is assumed to be reversible, as shown by Roberts and Rosenthal [5]. But is it true in general? In a recent survey paper, Roberts and Rosenthal [6] emphasize the importance of this question to Markov chain Monte Carlo. Here we will show, by means of a counterexample, that the answer is no:

**Theorem 1.3** *There exists a geometrically ergodic Markov chain  $X_0, X_1, \dots$  with stationary distribution  $\pi$ , and a function  $h : \mathcal{X} \rightarrow \mathbf{R}$  satisfying  $\pi(h^2) < \infty$ , such that the following holds. For no choice of  $\sigma^2$  does*

$$\frac{1}{\sqrt{n}} \sum_{i=1}^n [h(X_i) - \pi(h)]$$

*converge in distribution to a  $N(0, \sigma^2)$  distribution.*

In the example we shall exhibit, we will see that no other way of normalizing sums (as opposed to the usual  $\frac{1}{\sqrt{n}}$ ) will recover the asymptotic normality. It is also worth mentioning that no fancy state space is needed; in the example  $\mathcal{X}$  will in fact be countable.

The rest of the paper is devoted to proving Theorem 1.3. In Section 2 we define the Markov chain that will be used in the counterexample, and demonstrate that it is geometrically ergodic. Then, in Section 3, we introduce the function  $h$  and show that it has the properties needed to serve as a counterexample in Theorem 1.3.

## 2 The Markov chain

We first define the state space  $\mathcal{X}$  on which the Markov chain will be living. Let  $\tilde{\mathcal{X}}$  denote the set of all integer triples  $(a, b, c)$  such that  $a \geq 1$ ,  $b \in \{1, \dots, a\}$  and  $c \in \{-1, 1\}$ , and let  $\mathcal{X} = \{0\} \cup \tilde{\mathcal{X}}$ . For any  $x \in \mathcal{X}$ , define  $\alpha(x)$ ,  $\beta(x)$  and  $\gamma(x)$  as

$$\alpha(x) = \begin{cases} 0 & \text{if } x = 0 \\ a & \text{if } x = (a, b, c) \in \tilde{\mathcal{X}}, \end{cases} \tag{2}$$

$$\beta(x) = \begin{cases} 0 & \text{if } x = 0 \\ b & \text{if } x = (a, b, c) \in \tilde{\mathcal{X}}, \end{cases}$$

and

$$\gamma(x) = \begin{cases} 0 & \text{if } x = 0 \\ c & \text{if } x = (a, b, c) \in \tilde{\mathcal{X}}. \end{cases} \quad (3)$$

The dynamics of the Markov chain  $X_0, X_1, \dots$  is as follows. It is only at the times when  $X_i = 0$  that there is any actual randomness in the choice of the next state  $X_{i+1}$ . If  $X_i$  is in state  $(a, b, c) \in \tilde{\mathcal{X}}$ , then the chain moves with probability 1 to state

$$\begin{cases} 0 & \text{if } b = 1 \\ (a, b - 1, c) & \text{otherwise.} \end{cases} \quad (4)$$

If, on the other hand,  $X_i = 0$ , then the next state is chosen from  $\mathcal{X}$  according to

$$X_{i+1} = \begin{cases} 0 & \text{with probability } \frac{1}{2} \\ (a, b, c) & \text{with probability } \begin{cases} 2^{-(a+2)} & \text{if } a = b \\ 0 & \text{otherwise.} \end{cases} \end{cases} \quad (5)$$

The easiest way to think of this Markov chain is as follows. Let  $\dots, Y_{-1}, Y_0, Y_1, \dots$  be a sequence of i.i.d. random variables such that  $\mathbf{P}(Y_i = 0) = \mathbf{P}(Y_i = 1) = 1/2$ . Then construct  $\dots, X_{-1}, X_0, X_1, \dots$  by

- if  $Y_i = 0$ , then let  $X_i = 0$ ,
- otherwise, let  $X_i = (a, b, c)$ , where
  - $a$  is the length of the consecutive sequence (run) of 1's in  $(\dots, Y_{-1}, Y_0, Y_1, \dots)$  that contains  $Y_i$ ,
  - $b$  is the number of 1's in this run remaining at time  $i$  (including  $Y_i$  itself),
  - for each run of 1's in  $(\dots, Y_{-1}, Y_0, Y_1, \dots)$ ,  $c$  is taken to be identical in all corresponding  $X_i$ 's, taking value  $-1$  or  $1$  with probability  $1/2$  each, independently for separate runs.

That this indeed produces a Markov chain with the desired transition kernel is immediate from the construction. It is also clear the the chain is irreducible and aperiodic, and has a stationary distribution  $\pi$  given by

$$\pi(0) = \frac{1}{2}$$

and, for any  $(a, b, c) \in \tilde{\mathcal{X}}$ ,

$$\pi((a, b, c)) = 2^{-(a+3)}.$$

In order for this construction to be useful as a counterexample in Theorem 1.3, we need to prove the following.

**Proposition 2.1** *The Markov chain with state space  $\mathcal{X}$  and transition kernel given by (4) and (5) is geometrically ergodic.*

**Proof:** Pick any state  $x \in \mathcal{X}$ , and let  $X_0, X_1, \dots$  be a Markov chain with the prescribed transition kernel starting in  $X_0 = x$ . We will construct this chain together with another Markov chain  $X'_0, X'_1, \dots$  with the same transition kernel, but with  $X'_0$  chosen according to  $\pi$ . Then  $X'_i$  will have distribution  $\pi$  for any  $i$ , and it follows by the usual coupling inequality that for any  $n$  we have

$$d_{\text{TV}}(P^n(x, \cdot), \pi) \leq \mathbf{P}(X_n \neq X'_n). \quad (6)$$

So in order to prove rapid decay of  $d_{\text{TV}}(P^n(x, \cdot), \pi)$ , the challenge is to produce a coupling where the two chains coalesce (and stay together) as early as possible.

For any fixed  $x \in \mathcal{X}$ , there exists a deterministic number  $k \geq 0$  such that if  $X_0 = x$ , then we know for certain that  $X_k$  will equal 0. Indeed, if  $x = 0$ , then we can take  $k = 0$ , while if  $x = (a, b, c)$ , then we can take  $k = b$ . In both cases,  $k = \beta(x)$ ; hence  $\beta(X_i)$  may be interpreted as the waiting time from time  $i$  until the chain will hit the state 0.

To produce the coupling, we begin by generating  $X_0, X_1, \dots, X_k$ , which is a deterministic sequence. We know that  $X_k = 0$ , and by integrating  $\beta$  with respect to  $P(0, \cdot)$  (i.e., the transition probabilities indicated in (5)), we get that

$$\mathbf{P}(\beta(X_{k+1}) = i) = 2^{-(i+1)} \quad \text{for } i = 0, 1, 2, \dots \quad (7)$$

Furthermore,  $X'_{k+1}$  has distribution  $\pi$ , and integrating  $\beta$  with respect to  $\pi$  yields that  $\beta(X'_{k+1})$  has the same distribution (7) as  $\beta(X_{k+1})$ . We are therefore free to pick  $X_{k+1}$  and  $X'_{k+1}$  in such a way that  $\mathbf{P}(\beta(X_{k+1}) = \beta(X'_{k+1})) = 1$ ; let us do that. (For completeness, we also fill in  $X'(k), X'(k-1), \dots, X'_0$  backwards in time using the time-reversal of the transition kernel  $P$ .) Then the two chains will continue deterministically until and including time  $k+1 + \beta(X_{k+1})$  when they are both forced to take value 0. From that time and on, we can generate the  $X_n$  chain and the  $X'_n$  chain by letting them make identical moves according to  $P$ . This defines the coupling, which for any  $n$  has the property that

$$\begin{aligned} \mathbf{P}(X_n \neq X'_n) &\leq \mathbf{P}(n < k+1 + \beta(X_{k+1})) \\ &= \mathbf{P}(\beta(X_{k+1}) > n - k - 1) \\ &= \begin{cases} 1 & \text{for } n \leq k \\ \left(\frac{1}{2}\right)^{n-k} & \text{for } n > k \end{cases} \end{aligned}$$

which for any  $n$  is bounded by  $\left(\frac{1}{2}\right)^{n-k} = 2^k \left(\frac{1}{2}\right)^n$ . Hence, using (6), we get

$$\begin{aligned} d_{\text{TV}}(P^n(x, \cdot), \pi) &\leq \mathbf{P}(X_n \neq X'_n) \leq 2^k \left(\frac{1}{2}\right)^n \\ &= 2^{\beta(x)} \left(\frac{1}{2}\right)^n, \end{aligned}$$

which means that the chain is geometrically ergodic with  $\rho = \frac{1}{2}$  and  $C(x) = 2^{\beta(x)}$ .  $\square$

**Remark.** Readers interested in the subtleties of coupling of Markov chains may note the following feature of the above coupling. Even though the conditional distribution of  $X_{k+1}$  given  $(X_0, X_1, \dots, X_k)$  is given by (5) as it ought to (otherwise  $X_0, X_1, \dots$  would have the wrong distribution and the coupling would not be correct), we get a different distribution of  $X_{k+1}$  if we condition on the past of *both* chains, i.e., on  $(X_0, X_1, \dots, X_k)$  and on  $(X'_0, X'_1, \dots, X'_k)$ . Indeed, if  $\beta(X'_k) > 0$ , then  $X_{k+1}$  is *forced* to take a value such that  $\beta(X_{k+1}) = \beta(X'_k) - 1$ , which is clearly not in agreement with (5). In the language of Rosenthal [7], this means that we are dealing with a *non-faithful* coupling. Non-faithful couplings are unusual in applications; see also Häggström [3] for an example of the kind of counterintuitive behavior they may exhibit.  $\square$

### 3 The function $h$

The choice of the function  $h : \mathcal{X} \rightarrow \mathbf{R}$  will be made with the specific target of making the partial sums  $\sum_{i=1}^n X_i$  fit the following lemma, which deals with a situation reminiscent

of *Twin Peaks*.

**Lemma 3.1** *Let  $Z_1, Z_2, \dots$  be a sequence of real-valued random variables with the property that there exist arbitrarily large  $n$  such that for some normalizing constants  $s_n$  we have*

$$\mathbf{P}\left(-1.001 \leq \frac{Z_n}{s_n} \leq -0.999\right) \geq 0.1$$

and

$$\mathbf{P}\left(0.999 \leq \frac{Z_n}{s_n} \leq 1.001\right) \geq 0.1.$$

*Then, for no choice of  $\mu_1, \mu_2, \dots$  and  $\sigma_1, \sigma_2, \dots$ , does  $\frac{Z_n - \mu_n}{\sigma_n}$  converge in distribution to  $N(0, 1)$ .*

**Proof:** Obvious.  $\square$

In the construction of  $h$ , we will let  $\{A_k\}_{k=1}^{\infty}$  and  $\{B_k\}_{k=1}^{\infty}$  be two strictly and rapidly increasing sequences of positive integers – precisely how rapidly will soon be specified. Recall from (2) and (3) the definitions of  $\alpha(x)$  and  $\gamma(x)$ , and let

$$h(x) = \begin{cases} \frac{B_k}{A_k} 2^{\frac{A_k+2}{2}} \gamma(x) & \text{if } \alpha(x) = A_k \text{ for some } k \\ 0 & \text{otherwise.} \end{cases}$$

We also define a kind of truncation of  $h$  by setting

$$h_m(x) = \begin{cases} \frac{B_k}{A_k} 2^{\frac{A_k+2}{2}} \gamma(x) & \text{if } \alpha(x) = A_k \text{ for some } k \leq m \\ 0 & \text{otherwise.} \end{cases}$$

Note that under  $\pi$ ,  $\gamma(x)$  equals  $-1$  and  $+1$  with equal conditional probabilities given  $\alpha(x)$ . Hence, by symmetry, and the fact that  $h_m$  is bounded, we get  $\pi(h_m) = 0$ . Furthermore, by Theorem 1.2, there exists a  $\sigma_m$  such that

$$\frac{1}{\sqrt{n}} \sum_{i=1}^n h_m(X_i) \quad (8)$$

converges in distribution to  $N(0, \sigma_m^2)$ .

We now go on to specify the sequences  $\{A_k\}_{k=1}^{\infty}$  and  $\{B_k\}_{k=1}^{\infty}$ . First set, somewhat arbitrarily,  $A_1 = B_1 = 1$ . This is enough to define the truncated function  $h_1$ . To define  $A_2, A_3, \dots$  and  $B_2, B_3, \dots$ , we go on inductively as follows.

Suppose that  $A_1, \dots, A_{k-1}$  as well as  $B_1, \dots, B_{k-1}$  are specified; then we also know the truncated function  $h_{k-1}$ , and the variance  $\sigma_{k-1}^2$  arising in the asymptotic distribution of (8) with  $m = k-1$ . We are then free to choose first  $B_k$  and then  $A_k$  large enough so that the following conditions hold.

- (i)  $B_k > 3000\sigma_{k-1}$
- (ii)  $A_k$  is large enough so that the approach to normality in (8) with  $m = k-1$  guarantees that

$$\mathbf{P}\left(\frac{1}{\sqrt{2^{A_k+2}}} \sum_{i=1}^{2^{A_k+2}} h_{k-1}(X_i) \in (-3\sigma_{k-1}, 3\sigma_{k-1})\right) \geq 0.99$$

$$\text{(iii) } A_k \geq 2^k B_k^2$$

$$\text{(iv) } A_k \geq A_{k-1} + 10$$

(That (ii) can be ensured by picking  $A_k$  large is, of course, due to the fact that  $\frac{1}{\sqrt{2\pi}} \int_{-3}^3 e^{-x^2/2} dx > 0.99$ .) Thus,  $A_k$  and  $B_k$  are specified, and the induction can continue.

This defines the function  $h$ . To use  $h$  as a counterexample for Theorem 1.3, we first need to establish that it has a finite second moment under the stationary distribution  $\pi$ .

**Lemma 3.2** *With  $h$  defined as above, we get  $\pi(h^2) < \infty$ .*

**Proof:** For  $k = 1$  we have that

$$\pi(\{x \in \mathcal{X} : \alpha(x) = A_k\}) \left(\frac{B_k 2^{\frac{A_k+2}{2}}}{A_k}\right)^2 = \frac{1}{8} (2^{3/2})^2 = 1$$

and a further direct calculation gives

$$\begin{aligned} \pi(h^2) &= \sum_{k=1}^{\infty} \pi(\{x \in \mathcal{X} : \alpha(x) = A_k\}) \left(\frac{B_k 2^{\frac{A_k+2}{2}}}{A_k}\right)^2 \\ &= 1 + \sum_{k=2}^{\infty} \pi(\{x \in \mathcal{X} : \alpha(x) = A_k\}) \left(\frac{B_k 2^{\frac{A_k+2}{2}}}{A_k}\right)^2 \\ &= 1 + \sum_{k=2}^{\infty} A_k 2^{-(A_k+2)} \left(\frac{B_k 2^{\frac{A_k+2}{2}}}{A_k}\right)^2 \\ &= 1 + \sum_{k=2}^{\infty} \frac{B_k^2}{A_k} \\ &\leq 1 + \sum_{k=2}^{\infty} 2^{-k} = \frac{3}{2} \end{aligned}$$

where the inequality is due to condition (iii).  $\square$

For the next lemma, we introduce for simplicity the notation  $Z_n = \sum_{i=1}^n X_i$  and  $C_k = 2^{A_k+2}$ .

**Lemma 3.3** *Let the chain  $X_0, X_1, \dots$  start according to the stationary distribution  $\pi$ . Then, for all sufficiently large  $k$ , we have*

$$\mathbf{P}\left(-1.001 \leq \frac{Z_{C_k}}{B_k \sqrt{C_k}} \leq -0.999\right) \geq 0.1 \quad (9)$$

and

$$\mathbf{P}\left(0.999 \leq \frac{Z_{C_k}}{B_k \sqrt{C_k}} \leq 1.001\right) \geq 0.1. \quad (10)$$

**Proof:** Without loss of generality, we may assume that the chain  $X_0, X_1, \dots$  is obtained from the bi-infinite i.i.d. sequence  $\dots, Y_{-1}, Y_0, Y_1, \dots$  as in Section 2. Define events  $E_k^1, E_k^2, E_k^3$  and  $E_k^4$  as follows.

- Let  $E_k^1$  be the event that the sequence  $(Y_1, \dots, Y_{C_k})$  is not intersected by any run of 1's of length  $A_{k+1}$  or more. By condition (iv),  $E_k^1$  has probability at least  $1 - 2 \cdot 2^{-10} = 1 - \frac{1}{512}$ .
- Let  $E_k^2$  be the event that the sequence  $(Y_1, \dots, Y_{C_k})$  contains exactly one run of 1's (from the bi-infinite sequence) of length exactly  $A_k$ . By a standard Poisson approximation argument (see, e.g., Barbour et al [1]), the distribution of the number of such runs converges in total variation to a Poisson distribution with mean 1, so that  $\mathbf{P}(E_k^2) \rightarrow e^{-1} \approx 0.368$  as  $k \rightarrow \infty$ .
- Let  $E_k^3$  be the event that  $(Y_1, \dots, Y_{C_k})$  is intersected by no other runs of length  $A_k$  than those which it contains. Obviously,  $\mathbf{P}(E_k^3) \rightarrow 1$  as  $k \rightarrow \infty$ .
- Let  $E_k^4$  be the event that

$$-0.001 \leq \frac{1}{B_k \sqrt{C_k}} \sum_{i=1}^{C_k} h_{k-1}(X_i) \leq 0.001.$$

By condition (ii), we have that

$$\mathbf{P} \left( -3 \leq \frac{1}{\sigma_{k-1} \sqrt{C_k}} \sum_{i=1}^{C_k} h_{k-1}(X_i) \leq 3 \right) \geq 0.99,$$

and the choice (i) of  $B_k$  therefore ensures that  $\liminf_{k \rightarrow \infty} \mathbf{P}(E_k^4) \geq 0.99 = 1 - 0.01$ .

Finally, define the event  $E_k = E_k^1 \cap E_k^2 \cap E_k^3 \cap E_k^4$ . Bonferroni's inequality gives that

$$\liminf_{k \rightarrow \infty} \mathbf{P}(E_k) \geq e^{-1} - \frac{1}{512} - 0.01 > 0.2. \quad (11)$$

On the event  $E_k$ , the (unique) run of 1's of length  $A_k$  in  $(Y_1, \dots, Y_{C_k})$  contributes a term +1 or -1 (depending on  $\gamma(X_i)$  for the  $X_i$ 's corresponding to the run) to  $\frac{Z_{C_k}}{B_k \sqrt{C_k}}$ , while  $\frac{1}{B_k \sqrt{C_k}} \sum_{i=1}^{C_k} h_{k-1}(X_i)$  contributes between -0.001 and 0.001. Hence we have, still on the event  $E_k$ , that

$$0.999 \leq \left| \frac{Z_{C_k}}{B_k \sqrt{C_k}} \right| \leq 1.001.$$

Conditional on  $E_k$ , we have by symmetry that  $Z_{C_k}$  is positive or negative with probability  $\frac{1}{2}$  each. In combination with (11), this implies (9) and (10), and we are done.  $\square$

**Proof of Theorem 1.3:** Choose the Markov chain  $X_0, X_1, \dots$  and the function  $h$  as above. By Lemma 3.2, we have  $\pi(h^2) < \infty$ , while a combination of Lemmas 3.3 and 3.1 implies that the sums  $\sum_{i=1}^n h(X_i)$  are not asymptotically normal. Hence the theorem is established.  $\square$

**Remark.** Since  $B_k \rightarrow \infty$  as  $k \rightarrow \infty$ , we can deduce from Lemma 3.3 that the  $1/\sqrt{n}$ -normalized sums  $\frac{1}{\sqrt{n}} \sum_{i=1}^n h(X_i)$  fail to define a tight sequence of probability distributions.  $\square$

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