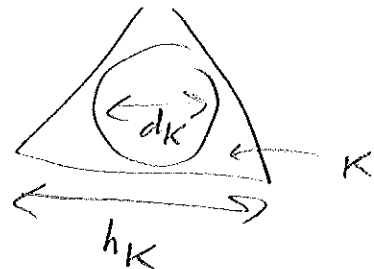


$$\mathcal{T} = \{T^h\}, \quad d = \text{diam}(\Omega)$$

$$h_K, \quad h_{\mathcal{T}^h} = \frac{1}{d} \max_{T^h} h_K \leq h$$

$$d_K,$$



$\mathcal{T}$ is non-degenerate:

$$\frac{d_K}{h_K} \geq \rho \quad \forall K \in \mathcal{T}^h, \quad \forall T^h \in \mathcal{T}.$$

$\mathcal{T}$ is quasi-uniform:

$$d_K \geq \rho d h$$

Scaling: $\hat{K} = \{\hat{x} = h_K^{-1} x : x \in K\}, \quad h_{\hat{K}} = 1$

$$\hat{v}(\hat{x}) = v(h_K \hat{x})$$

$$|\hat{v}|_{W_r^k(\hat{K})} = h_K^{k-m/r} |v|_{W_r^k(K)}$$

$$\hat{\mathcal{P}} = \{\hat{v} : v \in \mathcal{P}\}$$

4.5.3 Local inverse inequality

(2)

Assume:

$$sh \leq h_K \leq h, \quad h \in (0, 1]$$

$$P \subset W_P^l(K) \cap W_q^m(K), \quad 1 \leq P, q \leq \infty, \quad 0 \leq m \leq l$$

$$\dim(P) < \infty$$

Then

$$\|v\|_{W_P^l(K)} \leq C h^{\overbrace{m-l}^{\leq 0} + \frac{m}{P} - \frac{m}{q}} \|v\|_{W_q^m(K)}$$

$$\forall v \in P$$

where $C = C(\hat{P}, \hat{K}, l, P, q, s)$.

Note: "forward" inequality $\|v\|_{W_P^m(K)} \leq \|v\|_{W_P^l(K)}, \quad m \leq l$.

Proof $C = C(\hat{P}, \hat{K}, l, P, q, s)$.

$$\dim(P) < \infty \Rightarrow \|\hat{v}\|_{W_P^j(\hat{K})} \leq C \|\hat{v}\|_{L_q(\hat{K})} \quad C = C(\hat{P})$$

$$\|v\|_{W_P^l(K)} = \left(\sum_{j=1}^l |v|_{W_P^j(K)}^P \right)^{1/P}, \quad \text{so } |v|_{W_P^j(K)} \leq C \|\hat{v}\|_{L_q(\hat{K})}$$

$$\begin{aligned} |v|_{W_P^j(K)} &= h_K^{-j + \frac{m}{P}} |\hat{v}|_{W_P^j(\hat{K})} \leq C h_K^{-j + \frac{m}{P}} \|\hat{v}\|_{L_q(\hat{K})} \\ &= C h_K^{-j + \frac{m}{P}} h_K^{-\frac{m}{q}} \|v\|_{L_q(K)} = C \underbrace{h_K^{\overbrace{l-j}^{\geq 0}}}_{\leq 1} \underbrace{h_K^{-l + \frac{m}{P} - \frac{m}{q}}}_{\leq C h_K^{-l + \frac{m}{P} - \frac{m}{q}}} \|v\|_{L_q(K)} \end{aligned}$$

Thus

(3)

$$\|v\|_{W^{\ell}(K)} \leq C h^{-\ell + \frac{m}{p} - \frac{m}{q}} \|v\|_{L_q(K)}.$$

$0 \leq m \leq \ell$: Apply this to $D^{\alpha} v = D^{\beta} D^{\gamma} v$
in a clever way.

4.5.11 Global inverse inequality

Assume: $\{T^h\}_{h \in (0,1]}$ quasi-uniform with parameter ϱ .

(K, P, W) reference element

$$P \subset W_p^{\ell}(K) \cap W_q^m(K), \quad 1 \leq p, q \leq \infty, \quad 0 \leq m \leq \ell.$$

For $T \in \mathcal{T}^h$ let $(T, P_T, W_T) \cong (K, P, W)$

$$V^h = \{v : v|_T \in P_T \quad \forall T \in \mathcal{T}^h\}$$

$$\text{Then, } c = c(\ell, p, q, \varrho) \quad \underbrace{\leq 0}_{m-\ell + \min(0, \frac{m}{p} - \frac{m}{q})} \quad \underbrace{\leq 0}_{\frac{1}{q}}$$

$$\left(\sum_T \|v\|_{W_p^{\ell}(T)}^p \right)^{1/p} \leq C h \left(\sum_T \|v\|_{W_q^m(T)}^q \right)^{1/q}$$

$$\forall v \in V^h$$

(4)

Proof Quasi-uniformity $\Rightarrow$

$$hd \geq h_T \geq d_T \geq \rho d h \quad \forall T \in \mathcal{T}^h, \forall \mathcal{T}^h$$

So 4.5.3 applies:

$$\|v\|_{W_P^{\ell,p}(T)} \leq C(\hat{P}_{\hat{T}}, \hat{T}, \ell, p, q, m, \rho) h^{m-\ell+\frac{m}{p}-\frac{m}{q}} \|v\|_{W_q^m(T)} \\ \forall T \in \mathcal{T}^h, \forall v \in P_T.$$

$$\text{Non-degenerate} \Rightarrow C(\hat{P}_{\hat{T}}, \hat{T}, \ell, p, m, \rho) \leq C(\ell, p, q, m, \rho)$$

$$p = \infty: \max_T \|v\|_{W_{\infty}^{\ell}(T)} \leq C h^{m-\ell+\frac{m}{p}-\frac{m}{q}} \max_T \|v\|_{W_q^m(T)} \leq C \left(\sum_T \|v\|_{W_q^m(T)}^q \right)^{\frac{1}{q}}$$

$$1 \leq p < \infty:$$

$$\left(\sum_T \|v\|_{W_P^{\ell}(T)}^p \right)^{\frac{1}{p}} \leq C h^{m-\ell+\frac{m}{p}-\frac{m}{q}} \left(\sum_T \|v\|_{W_q^m(T)}^p \right)^{\frac{1}{p}}$$

$$p \leq q: \left(\sum_T \|v\|_{W_q^m(T)}^p \right)^{\frac{1}{p}} \leq \left(\sum_T \|v\|_{W_q^m(T)}^q \right)^{\frac{1}{q}}$$

$$q \leq p: \left(\sum_T \|v\|_{W_q^m(T)}^p \right)^{\frac{1}{p}} \leq \left(\sum 1^{r'} \right)^{\frac{1}{pr'}} \left(\sum_T \|v\|_{W_q^m(T)}^{pr} \right)^{\frac{1}{pr}}$$

$$pr = q$$

$$\frac{1}{r'} = 1 - \frac{1}{r} = 1 - \frac{p}{q}$$

$$= \underbrace{\left(\sum 1 \right)^{\frac{1}{p} - \frac{1}{q}}}_{\leq ch^{-m}} \left(\sum_T \|v\|_{W_q^m(T)}^q \right)^{\frac{1}{q}}$$

$$|\Omega| = \sum_T |T| \geq \sum_T |B_T| \geq C \sum d_T^m \geq C \sum (\delta h)^m = C \delta^m h^m d^m \geq 1$$